

STAGE 9: YORK TO NABURN

THINGS TO SEE AND DO

York

The beautiful and historic walled city of York has countless attractions! York Minster, York Castle Museum and Clifford's Tower are within easy reach of this route. www.visit-york.org

Solar System Greenway

The route becomes a scale model of the solar system just outside York. Cycle past the sun, planets and models of the Cassini spacecraft and Voyager! www.york.ac.uk/solar

Look out also for two yellow Mileposts, painted by Sustrans Volunteers in 2014 to celebrate the Tour de France in Yorkshire.

Rowntree Park

The historic Rowntree Park is on the riverside route as you head out of York. The Park was dedicated to the People of York by Joseph Rowntree and has play areas, picnic spots and an excellent Reading café.

START

TAKE A BREAK!

- 1 Wide selection of cafés, pubs and restaurants in York
- 2 Rowntree Park Reading Café
- 3 Brunswick Organic Nurseries Café
- 4 Naburn Station Café
- 5 Naburn Marina Café

MAKING IT EASIER FOR YOU

Adapted bikes may find the short steep section at the end of the riverside path difficult.

An alternative is to turn right at the Millennium Bridge, then left onto Bishopthorpe road and rejoin the cycle path at The Chocolate Works.



ROWNTREE PARK READING CAFÉ



MILLENNIUM BRIDGE



Bishopthorpe

TAKE CARE!

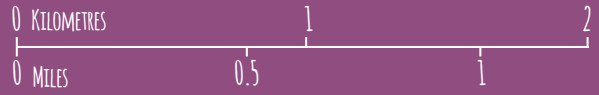
- 1 Share the path. Give way to pedestrians and wheelchair users.
- 2 Take care going up and down the short steep section at the end of the riverside path.
- 3 Take care crossing the road just past The Chocolate Works.
- 4 Take care at the blind bend where the path briefly goes alongside A64.



FISHER OF DREAMS AT NABURN BRIDGE

FINISH

Naburn



KEY

- Slow Tour route On-road / Traffic-free
- National Cycle Network On-road / Traffic-free
- Other cycle routes
- National Cycle Network route number
- Café / Pub / Toilets
- Restaurant / Shop
- Railway with station
- Cycle parking / Cycle hire
- Access point
- Take care here
- Bus interchange
- Historic attraction
- Picnic spot / Gardens

BIKE HIRE

You can hire bikes from Cycle Heaven at York Train station. Turn right out of the main entrance and the shop is just on the right. www.cycle-heaven.co.uk
Get Cycling in York can deliver a variety of hire bikes to you at the train station, including childrens' and disability bikes. www.getcycling.org.uk

ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!



The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire.

It's been inspired by the Tour de France Grand Depart in Yorkshire in 2014 and funded by Public Health Teams in City of York and North Yorkshire Councils. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Route 65 and the Trans Pennine Trail, so just follow the signs!

YORK TO NABURN

Return 10 miles,
about 2 hours

This stunning ride is perfect for families and those new to cycling! The route takes you south from the ancient walled city of York along the River Ouse and down a traffic-free converted railway path, passing historic parks, sculptures, bridges and the solar system!

- Exit York station by the Short Stay Car Park ramp (at the end of Platform 4) and turn right at the riverside path.
- Continue along the riverside path and onto quiet roads through York following signs for National Route 65 to Selby.
- Fork left under Skeldergate Bridge and follow the route along the River Ouse past Rowntree Park and the Millennium Bridge. Just before the bridge look across the river for the Ice Cream boat!
- Follow the route past the bridge, turning right for a short uphill to the striking landmark of Terry's Chocolate Factory (now The Chocolate Works).
- Follow National Route 65 signs across the Knavesmire racecourse, (looking out for horses on race days!) past Knavesmire Wood and Bishopsthorpe village to join the Trans Pennine Trail to Selby. This railway path was bought by Sustrans for £1 and is one of its first traffic-free paths. The first 5 miles form the Solar System Greenway, the famous scale model of the Solar System. Cycle past the Sun, the planets, the Cassini spacecraft and Voyager!
- Enjoy the wonderful 'Fisher of Dreams' at Naburn Bridge.
- The Slow Tour ends at the site of the old Naburn Station where there is a café. Other refreshment options are to turn left down a ramp opposite the Station Café, continue left under the bridge and walk along the pavement for 100m, then cross the road to Naburn Marina café. Alternatively, carry on down the greenway after the Station café for 5 mins, and turn right off the path where there is a sign to a pub in Naburn village.
- Retrace the route back to York or continue for a further 3 miles (30 minutes) along the greenway to the model of Voyager at the end of the Solar System Greenway, just before the village of Riccall.



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork
and more!**

If you like this route, try out the other 20!


Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE



York to Naburn is part of the national multi-user route Trans Pennine Trail
www.transpenninetrail.org.uk

STAGE 9

York to Naburn

SLOW TOUR 
OF YORKSHIRE
ON THE NATIONAL CYCLE NETWORK



ENJOY A GREAT
CYCLING DAY OUT...
AT YOUR OWN PACE!



Photography: Cover Solar System Greenway
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