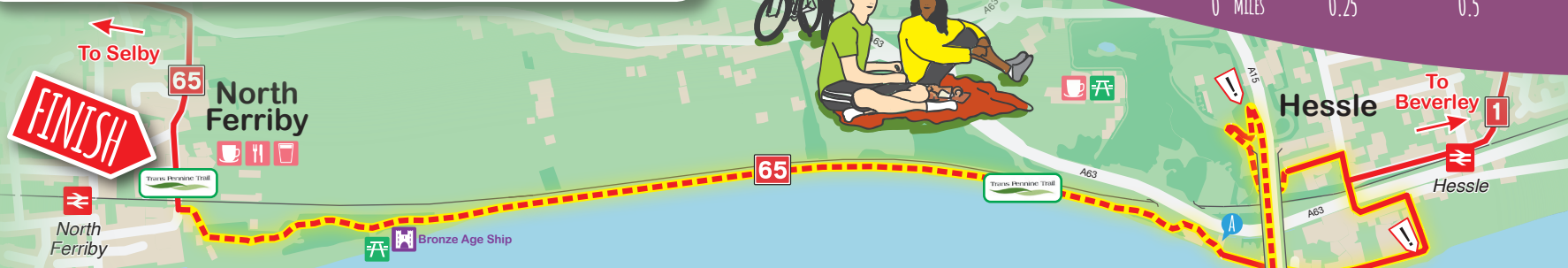
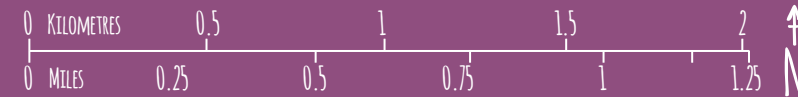


STAGE 18: BARTON-UPON-HUMBER TO NORTH FERRIBY



ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!

The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire. It's been inspired by the Tour de France Grand Départ in Yorkshire in 2014 and funded by Public Health Teams in the region. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Routes 1 and 63, so just follow the signs.

THINGS TO SEE AND DO

Water's Edge Visitor's Centre and County Park
Set in 110 acres of picturesque woodland and wildflower meadows, the Park has ponds, nature walks and two adventure play grounds.

Far Ings Nature Reserve
This varied habitat is home to hundreds of different species of wildflower, nesting birds and invertebrates.

Humber Bridge
The spectacular suspension bridge was opened in 1981 and offers panoramic views of the estuary.

Humber Bridge Country Park
This wonderful greenspace sits in what used to be a chalk quarry and is now a beautiful nature reserve. There are three easy to follow nature trails.

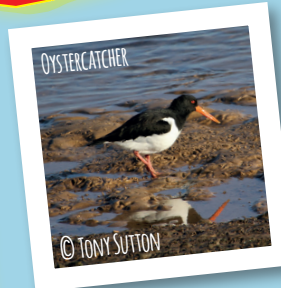
BIKE HIRE

Wolds Cyclone Cycle Hire provides mobile bicycle hire and will deliver and collect the bike from the location of your choice.

www.woldscyclonescyclehire.co.uk or 07519 845515

TAKE CARE!

- Share the path. Give way to pedestrians and wheelchair users.
- There are some short on road sections.
- The Humber Bridge has a slight gradient on it and can be very windy.
- There is a sharp left at the northern end of the bridge which can be challenging.

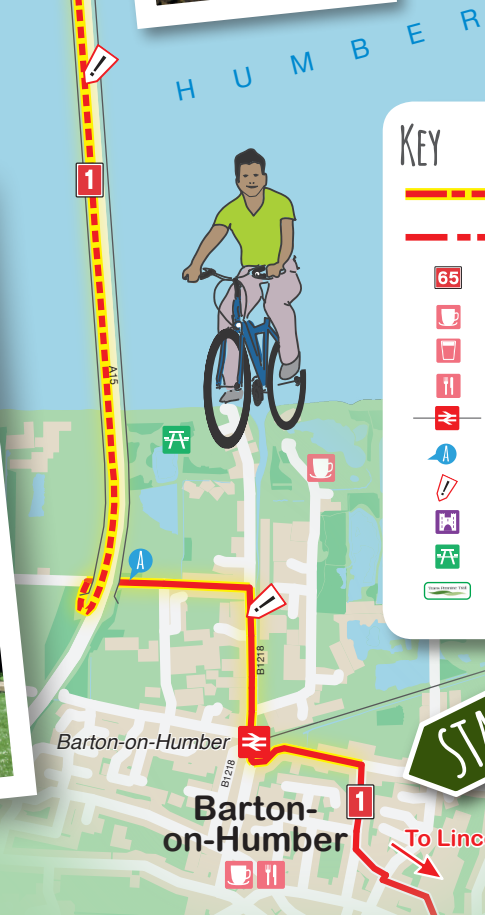


TAKE A BREAK!

- The George Inn, Barton-on-Humber is a historic coaching inn offering a varied menu.
- The Honey Pot Café, Waters Edge Visitors Centre serves meals and snacks, and has an attractive decked area overlooking the ponds.
- Country Park Inn, Hesse has great views of the estuary and the Bridge with a riverside patio area.
- Ferriby's Coffee Shop on Low Street in North Ferriby is Highly Recommended.

KEY

- Slow Tour route
- On-road / Traffic-free
- National Cycle Network
- On-road / Traffic-free
- 65 National Cycle Network route number
- Café
- Pub
- Restaurant
- Railway with station
- Access point
- Take care here
- Attraction
- Picnic spot
- Trans Pennine Trail



BARTON-UPON-HUMBER TO NORTH FERRIBY

Barton-upon-Humber to North Ferriby 7 mile round trip (3.5 miles each way). This is approximately 2 hrs.

This unique ride is mainly traffic-free and gives you the chance to explore both sides of the Humber estuary, taking you between the historic town of Barton-on-Humber and the village of North Ferriby. For those wanting a shorter route, start at Hessle train station instead.

- Exit Barton-on-Humber Station; turn right along Waterside road and left at the T-junction along Far Ings Road.
- Follow National Route 1 signs onto the shared use path across the Humber Bridge. Before heading across the bridge you can enjoy the Water's Edge Visitor's Centre or Far Ings Nature Reserve where there are walking trails and play and picnic areas.
- Cycle across the Humber Bridge, the longest suspension bridge in the world that you can cross by bike, enjoying the amazing views of one of Britain's largest estuaries.
- Once across the Bridge, go exploring in the Humber Bridge Country Park which has a number of picnic spots and is a haven for wildlife. Look out for wading birds such as oyster catchers with their bright beaks and legs and, in the winter months, curlews with their curved bills.
- Continue along the off-road river side path, following signs for National Route 65 to North Ferriby.
- At North Ferriby, look out for the footpath towards the shore leading to a picnic area with a display of Bronze Age boats discovered nearby.
- Retrace the route to Barton-upon-Humber.



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork**

If you like this route, try out the other 20.

**Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE**



**Barton-upon-Humber to North Ferriby is part of Routes 1 and 63 of the National Cycle Network and part of the Trans Pennine Trail
www.transpenninetrail.org.uk**

STAGE 18

Barton-upon-Humber to North Ferriby

SLOW TOUR



OF YORKSHIRE

ON THE NATIONAL CYCLE NETWORK



**ENJOY A GREAT
CYCLING DAY OUT...
AT YOUR OWN PACE!**

